Clinical Indications For MRT Testing & LEAP Management

Non-IgE mediated adverse food reactions can be an important symptom provoking component in D-IBS, Migraine, and Fibromyalgia. The charts below list clinical parameters that when present, either increase or decrease the likelihood that hypersensitivity reactions play a role in the etiology of the patient’s condition.

**Fibromyalgia**

**Increased Probability**
- Co-morbid diarrhea
- Personal or family Hx of IgE Mediated allergy
- Hx of adverse food reactions
- Other target indications or secondary indications are co-morbid
- Resistant to relief from medication

**Decreased Probability**
- Diarrhea not present
- Co-morbid constipation (Unless constipation is due to side effect of medication)

**Irritable Bowel Syndrome**

**Increased Probability**
- Diarrhea component (either D-predominant or Cyclic)
- Chronic & frequent
- Refractory
- Personal or family Hx of IgE Mediated allergy
- Hx of adverse food reactions
- Other target indications or secondary indications are co-morbid

**Decreased Probability**
- Constipation predominant
- Infrequent attacks (< 2x/month)

**Migraine**

**Increased Probability**
- Chronic & frequent >2x per month
- Frequent headaches in between episodes
- Personal or family Hx of IgE Mediated allergy
- Hx of adverse food reactions
- Other target indications or secondary indications are co-morbid
- Resistant to relief from medication

**Decreased Probability**
- Infrequent (<1x per month)
- Hormonally induced
- Weather induced
- Trauma induced

**Secondary Indications & Common Co-Morbidities**
- Functional Diarrhea
- Functional Dyspepsia
- Recurrent Secondary Headaches
- Celiac Sprue
- Cyclic Vomiting Syndrome
- Functional Abdominal Pain
- Inflammatory Bowel Disease
- Chronic Sinusitis
- Non-Seasional Rhinitis
- Chronic Sinus Headaches
- Chronic Otitis Media w/effusion
- Angioedema
- Chronic Urticaria
- Eczema
- Autism Spectrum Disorders
- Attention Deficit Disorder
- Depressive/Anxiety Disorders
- Hyperactivity with or w/o A.D.D.
- Arthralgia
- Inflammatory Arthritis
- Chronic Fatigue Syndrome

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